

# The Art of Dreaming

Accessing inspiration and the power of manifestation  
With

Laura Toups and Anthony Flores

September 30th - October 5th, 2010  
Big Bend, Texas.



Explore the art of Dreaming through clarity of sight and sound with Toltec teachers Anthony Flores and Laura Toups in a heart-opening environment that holds the expression of light in the physical. Laura and Anthony will support your work with the surrounding beings of earth and sky to allow the shifting of awareness from a grounded and centered foundation, accomplished through the use of tools both energetic and practical.

As artists our intent will be the explosion into a crescendo of profound connection with our individual soul of creativity and manifestation. This five-day workshop will explore dreaming techniques, traditional Toltec methods of perception, toning and resonance, and visual projection. By using these tools to facilitate divine connection, we as humans can tap into our soul of creativity and unlimited potential.

The Big Bend area of Texas is one of the most remote places in the United States, and its beauty is breathtaking. Come stay at the Soaring Hawk Ranch retreat center under one of the most brilliant skies you will ever see and deepen your connection to the Divine. Soaring Hawk Ranch is a primitive retreat center; beds are in small comfortable little vintage trailers; teaching will happen outdoors. Trailers have bathrooms and there is a bath house as well. We are providing all meals and it is included in the price; Accommodations in trailers are shared and camping is available with access to bathhouse with shower and toilets. Retreat limited to 12 participants.



Pricing:  
Trailer beds - \$585  
Camping - \$495



\$150 Deposit holds a space open for you.

Price includes all food for the retreat.

We will do one airport run into Midland/Odessa airport, otherwise transportation is on your own.  
Call Laura at 512-917-5796 for details and questions. [www.soaringhawkcranch.com](http://www.soaringhawkcranch.com)



Laura has been fascinated with sacred places since finding inspiration for connecting to the Divine in a mountain stream over 30 years ago. Studies of the music of 12th century mystic, Hildegard of Bingen 10 years ago focused her intent on the healing qualities of sound and music. Laura has been studying with Toltec teachers HeatherAsh and Raven Smith since 2007.

Anthony, a visual and vocal artist has spent all of his life learning to navigate the dreamtime. He holds a degree in Fine Arts and Film Production and has had years of Operatic training. He will share techniques to experiment with awake and sleeping dreams and how to use art in opening your awareness. He began his formal Toltec training with HeatherAsh in 1996.

